# Cholesterol efflux to apoA-I in ABCA1-expressing cells is regulated by Ca<sup>2+</sup>-dependent calcineurin signaling

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Abstract ATP-binding cassette transporter A1 (ABCA1) is required for the lipidation of apolipoprotein A-I (apoA-I), although molecular mechanisms supporting this process remain poorly defined. In this study, we focused on the role of cytosolic Ca<sup>2+</sup> and its signaling and found that cytosolic Ca<sup>2+</sup> was required for cholesterol efflux to apoA-I. Removing extracellular Ca<sup>2+</sup> or chelating cytosolic Ca<sup>2+</sup> were equally inhibitory for apoA-I lipidation. We provide evidence that apoA-I induced Ca2+ influx from the medium. We further demonstrate that calcineurin activity, the downstream target of Ca<sup>2+</sup> influx, was essential; inhibition of calcineurin activity by cyclosporine A or FK506 completely abolished apoA-I lipidation. Furthermore, calcineurin inhibition abolished apoA-I binding and diminished JAK2 phosphorylation, an established signaling event for cholesterol efflux to apoA-I. Finally, we demonstrate that neither Ca<sup>2+</sup> manipulation nor calcineurin inhibition influenced ABCA1's capacity to release microparticles or to remodel the plasma membrane. We conclude that this Ca<sup>2+</sup>-dependent calcineurin/JAK2 pathway is specifically responsible for apoA-I lipidation without directly modifying ABCA1 activity.—Karwatsky, J., L. Ma, F. Dong, and X. Zha. Cholesterol efflux to apoA-I in ABCA1-expressing cells is regulated by Ca2+-dependent calcineurin signaling. J. Lipid Res. 2010. 51: 1144-1156.

**Supplementary key words** macrophage • cyclosporine A • Janus Kinase 9

ATP-binding cassette transporter A1 (ABCA1) belongs to a large family of evolutionarily conserved transmembrane proteins that transport a wide variety of substrates across the plasma membrane, including ions, drugs, peptides, and lipids. In particular, ABCA1 is a member of the ABC-A subfamily, of which many members transport lipids in multicellular organisms (1). ABCA1 is required to transfer cellular cholesterol to apolipoprotein A-I (apoA-I), leading to the production of HDL. The molecular details

of how ABCA1 and apoA-I interact to induce lipidation are largely unknown. In vitro, either lipid-free or lipid-poor apoA-I can induce rapid efflux of both cholesterol and phospholipid from all cell types that express ABCA1. Also, plasma membrane expression of ABCA1 is positively correlated with lipid-free apoA-I association with cells. ABCA1 dysfunctional mutations, which occur in Tangier disease, abolish cholesterol efflux and the cell association of lipid-free apoA-I, clinically resulting in low HDL levels in the circulation (2).

Recent studies have implicated many signaling proteins in ABCA1 function and apoA-I lipidation. For example, no less than 10 kinase pathways have been proposed to modulate posttranslational ABCA1 activity (3–10). The key signaling molecules in these kinase pathways include protein kinase A (PKA), protein kinase C (PKC), Cdc42, protein kinase 2 (CK2), and Janus Kinase 2 (JAK2). Among these pathways, apoA-I has frequently been implicated as the candidate to initiate signaling processes required for cholesterol efflux. Although several possible mechanisms have been suggested, a clear consensus on which pathway acts as the critical regulator of apoA-I-dependent cholesterol efflux is still lacking.

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Takahashi and Smith (11) reported that extracellular Ca<sup>2+</sup> was required for cellular association with apoA-I and apoA-I-dependent cholesterol efflux. It was proposed that Ca<sup>2+</sup> was acting as a structural requirement for apoA-I to bind to cell surface receptors, not entirely dissimilar to LDL binding to the LDL receptor (12). Curiously, Ca<sup>2+</sup> is the most ubiquitous and pluripotent signaling molecule and a well-known second messenger that can initiate a diverse array of intracellular signaling events across different spatial and temporal domains. In resting cells, the cytosolic

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This work is supported by a grant-in-aid from the Heart and Stroke Foundation of Ontario (T6384). J. Karwatsky is supported by a Heart and Stroke Foundation of Canada-AstraZeneca postdoctoral fellowship. L. Ma acknowledges an Ontario Scholarship in Science and Technology.

Manuscript received 13 October 2009 and in revised form 1 January 2010. Published, JLR Papers in Press, November 26, 2009 DOI 10.1194/jlr.M003145

Abbreviations: 2-APB, 2-aminoethyl diphenylborinate; apoA-I, apolipoprotein A-I; CaM, calmodulin; CaMK, calmodulin-dependent protein kinase; cpm, counts per minute; CsA, cyclosporine A; DIDS, disulphonic acid hydrate disodium salt; FCS, fetal calf serum;  $InsP_3R$ , inositol 1,4,5-triphosphate-gated  $Ca^{2+}$  release channel;  $K_d$ , dissociation constant; MTT, methylthiazol tetrazolium; RyR, ryanodine receptor; SERCA, sarco/endoplasmic reticulum  $Ca^{2+}$ -ATPase.

Ca<sup>2+</sup> concentration is maintained at low levels (100 nM) relative to the extracellular medium (1–2 mM). This enables cells to rapidly increase cytosolic Ca<sup>2+</sup> levels through Ca<sup>2+</sup> influx, often in conjunction with Ca<sup>2+</sup> release from intracellular stores. The rise in cytosolic Ca<sup>2+</sup> then triggers Ca<sup>2+</sup> binding to regulatory proteins, such as calmodulin (CaM). Upon binding of Ca<sup>2+</sup>, CaM undergoes a conformational change that drastically increases its binding affinity for a wide array of downstream target proteins (13). Many target proteins of CaM are kinases or phosphatases; these include myosin light chain kinase, CaM-dependent protein kinase (CaMK) I, II, and IV, and calcineurin.

In light of an early study that documented enhanced anion flux in ABCA1-expressing Xenopus oocytes (14), we attempted to determine whether Ca<sup>2+</sup>, particularly Ca<sup>2+</sup> influx, plays an intracellular role in facilitating apoA-I lipidation through signaling events. We found that, in both BHK cells and RAW macrophages, cytosolic Ca<sup>2+</sup> was required for cholesterol efflux to apoA-I. We provide evidence that apoA-I induced Ca<sup>2+</sup> influx into cells. We further demonstrate that calcineurin signaling, the downstream target of Ca<sup>2+</sup> influx and CaM activation, was also essential for ABCA1-mediated cholesterol efflux to apoA-I. Furthermore, inhibition of calcineurin interfered with JAK2 phosphorylation, an established signaling event for cholesterol efflux to apoA-I, and abolished apoA-I binding. Finally, we demonstrated that neither Ca<sup>2+</sup> manipulations nor calcineurin inhibition affected ABCA1 expression, cellular distribution, basal cholesterol efflux, or its ability to remodel the plasma membrane. The Ca<sup>2+</sup>-dependent CaM/calcineurin/JAK2 pathway is therefore specifically responsible for apoA-I lipidation without directly modifying ABCA1 activity.

## MATERIALS AND METHODS

# Materials and reagents

Cell culture growth media, antibiotics (penicillin and streptomycin), and fetal calf serum (FCS) were purchased from Invitrogen. BHK cells were the generous gift from Drs. Oram and Vaughan (University of Washington, Seattle). These cells carry a mifepristone inducible vector with or without an ABCA1 gene insert. The RAW 264.7 cell line was purchased from the ATCC. Mifepristone was from Invitrogen, and 8-Br-cAMP from Sigma-Aldrich. Ca<sup>2+</sup>-free DMEM medium (cat no. 21068) was purchased from Invitrogen, which contains all the components of normal DMEM including Mg<sup>2+</sup> except no Ca<sup>2+</sup>. The following antibodies were acquired from several vendors: rabbit polyclonal anti-ABCA1 (Novus Biological Inc.), Alexa Fluo 488 goat anti-rabbit IgG (Molecular Probes), Ecl anti-rabbit IgG horseradish peroxidase linked whole antibody from donkey (GE Healthcare), anti-JAK2 rabbit polyclonal IgG (Santa Cruz Biotechnology Inc.), and rabbit polyclonal anti-phosphorylated-JAK2 [pYpY1007/1008] (Invitrogen). Our protease inhibitor cocktail was purchased from Sigma-Aldrich. The following chelators and modulators of ion flux were purchased from a variety of sources: 4,4'-diisothiocyano-2,2'stilbene disulphonic acid hydrate disodium salt (DIDS; Sigma-Aldrich), sodium thiocyanate (Sigma-Aldrich), sodium gluconate (Sigma-Aldrich), EDTA (Fisher Scientific), EGTA (Fisher Scientific), thapsigargin (Calbiochem), ryanodine (Tocris Bioscience), 2-aminoethyl diphenylborinate (2-APB; Sigma), and BAY-K8644 (Alexis Biochemicals). The pharmacological inhibitors of cellular signaling pathways were from the following vendors: W-7 hydrochloride (Calbiochem), cyclosporine A (CsA; Sigma-Aldrich), FK506 (A.G. Scientific), and PKI (Calbiochem). The two phosphatase inhibitors, sodium fluoride (NaF) and sodium vanadate (NaVO<sub>4</sub>), were purchased from Fisher Scientific. The Cy2 bis-reactive dye and the ECL Western blotting system were from GE Healthcare. [45 Calcium] was from GE Healthcare, and cholesterol, [1,2-3 H(N)]cholesterol was from Perkin Elmer. Human apoA-I was acquired from Biodesign international.

### Cell cultures

Both baby hamster kidney (BHK) cells and RAW 267.4 macrophage cells were maintained in DMEM supplemented with 10% FCS at  $37^{\circ}\mathrm{C}$  in a 5% CO $_2$  incubator. ABCA1 expression was induced during 16–18 h incubation in DMEM with 1 mg/ml BSA, which included either 5 nM mifepristone or 250  $\mu\mathrm{M}$  8-Br-cAMP, for BHK and RAW cells, respectively. Mock-transfected cells were used as negative controls in experiments with BHK cells, whereas 8-Br-cAMP was withheld for negative controls in experiments with RAW cells.

# Cy2-apoA-I cell surface association

Purified apoA-I was conjugated to the Cy2 fluorophore according to the manufacturer's instructions. Briefly, apoA-I was dialyzed with 0.1 M Na<sub>2</sub>CO<sub>3</sub>, pH 9.5, and then combined with the Cy2 bis-reactive reagent. Following conjugation, labeled Cy2apoA-I was separated from unlabeled dye on a P10 BioGel column (Bio-Rad). The concentration of Cy2-apoA-I was determined using the Lowry protein assay. Cy2-apoA-I (5 µg/ml) was incubated with cells for 2 h at 37°C to determine cell association. During each experiment, cells were preincubated with different exogenous compounds for 15 min before the addition of Cy2apoA-I. After the incubation period (2 h), adherent cells were detached from the plate surface using 4 mM EGTA and 4 mM EDTA in PBS (the use of trypsin was avoided to prevent digestion of surface proteins that may be required for apoA-I cell association). In RAW cells, the cells were suspended before the 2 h treatment, because induction with 8-Br-cAMP reduces the adherence of RAW cells. Finally, degree of Cy2-apoA-I cell association was determined by flow cytometry. The amount of Cy2-apoA-I association was expressed relative to negative and positive (ABCA1expressing) controls. Similarly treated cells were also incubated with Cy2-apoA-I on ice for 2 h and Cy2-apoA-I binding was assessed by flow cytometry.

# Cholesterol efflux

BHK and RAW 264.7 cells were grown with 1 μCi/ml [1,2-<sup>3</sup>H(N)]cholesterol with DMEM/10% FCS for 2 days to label cells to equilibrium. After 2 days, the growth medium was replaced with DMEM + 1 mg/ml BSA. ABCA1 expression was induced with either 5 nM mifepristone or 250 µM 8-Br-cAMP, as indicated above. After expression of ABCA1 (16-18 h), the growth medium was replaced with fresh DMEM + 1 mg/ml BSA to act as the efflux assay medium. A variety of modulators were included in the medium for 2 or 4 h to measure their effects on cholesterol efflux. During apoA-I-dependent efflux, apoA-I (5 µg/ml) was included in the efflux medium. After the duration of the efflux (2 or 4 h), medium was collected and centrifuged at 500 × g to remove cell debris. The cell-free supernatant was then combined with scintillation liquid and total counts per minute (cpm) were measured. The remaining adherent cells were lysed in 0.5 N NaOH, and the total cpm of the lysate was measured. Cholesterol efflux was expressed as the ratio between the cpm from the efflux medium and the total cpm found in the cell lysate and efflux medium. In some experiments, cholesterol efflux was

expressed as a percentage relative to the negative controls (without apoA-I) and positive controls (with apoA-I alone).

# Immunofluorescent staining

BHK cells were plated and grown in glass-coverslip-bottom microscopy dishes to 50–70% confluency. Cells were washed with PBS then fixed with 4% paraformaldehyde in PBS for 10 min, followed by permeabilization with 0.1 mg/ml saponin in PBS for 30 min. Cells were blocked with 5% calf serum and 50 mM NH $_4$ Cl in PBS for 20 min. The primary ABCA1-specific antibody was then added at a concentration of 1:500 in a solution of 5% calf serum/PBS for 30 min. After washing with PBS and incubating with 5% calf serum/PBS for 20 min, secondary antibody (Alexa Fluo 488 goat anti-rabbit IgG) was then added at a concentration of 1:200 for 30 min, followed by a 45 min incubation in 5% calf serum/PBS. The cellular localization of immunofluorescence was observed and recorded using a C1 confocal module on a Nikon TE2000-E inverted fluorescent microscope with a 60× objective. Images from ABCA1 and mock cells were taken using identical settings.

# <sup>45</sup>Ca influx into BHK cells

BHK cells were grown to approximately 75% confluency in 24well plates. The culture plates were placed in a 37°C water bath and incubated in 500 µl of prewarmed DMEM + 1 mg/ml BSA for 5 min. In some of wells, 5 μg/ml apoA-I was included in the medium. DMEM (50 μl) with 55 μCi/μl [45Ca] was then added to triplicate wells for 4 min. Immediately after 4 min incubation, cells were washed with ice cold DMEM + 5 mM EGTA to stop channel activity and remove surface bound [45Ca]. Cells were lysed with 0.5 N NaOH and the total cell associated <sup>45</sup>Ca cpm was measured using a β-counter to determine the total cellular influx of [45Ca]. To determine the amount of nonspecific [45Ca] association with cells, the same experiments were carried out in ice-cold buffers to prevent channel activity. This nonspecific association was subtracted from the total cell associated cpm to produce values for 45 Ca influx. Finally, the total protein content of each well was determined using the Lowry assay and all values were presented as a ratio of [45Ca] cpm/μg protein.

# Methylthiazol tetrazolium assay

After overnight induction with various concentrations of mifepristone, BHK cells in 12-well dishes were rinsed and returned to DMEM + 10% FCS before treating with various reagents for 2 h. Then 20  $\mu l$  of methylthiazol tetrazolium (MTT) solution (5 mg/ml) was added directly into each well. Cells were incubated at 37°C for 3 h. Medium was carefully removed with a syringe to avoid disturbing formazan crystals formed during the incubation. DMSO (100  $\mu l$ ) was added to dissolve the crystals. The absorbance was then measured at 550 nm.

# **Statistics**

Statistical comparisons between groups were performed with PRISM software (GraphPad). Data are mostly presented as mean  $\pm$  SD. The statistical significance of differences between groups was analyzed by Student's *t*-test. Differences were considered significant at a *P*-value < 0.05.

# **RESULTS**

An early study revealed that ABCA1 expression on the plasma membrane of *Xenopus* oocytes increases anion flux (14). Also, Smith et al. (11) reported that extracellular Ca<sup>2+</sup> is required for apoA-I lipidation. Thus, we were inter-

ested in potential intracellular Ca<sup>2+</sup> signaling in cholesterol efflux to apoA-I. Extracellular Ca<sup>2+</sup> was removed by adding Ca<sup>2+</sup> chelators to the medium or using Ca<sup>2+</sup>-free medium during cholesterol efflux. EDTA broadly chelates divalent cations (i.e. Mg<sup>2+</sup> and Ca<sup>2+</sup>), whereas EGTA is much more specific for Ca<sup>2+</sup>. Both molecules caused a drastic reduction in cholesterol efflux, although EGTA was more effective (80% inhibition) (**Fig. 1A**). Efflux was similarly inhibited when Ca<sup>2+</sup>-free medium was used (Fig. 1A). The Ca<sup>2+</sup>-free medium used here (DMEM 21068, Invitrogen) contains normal concentration of Mg<sup>2+</sup>, indicating that the effect of EGTA is specific for Ca<sup>2+</sup>. Also, the inhibition can be readily relieved as soon as a normal amount of Ca<sup>2+</sup> (1.8 mM) is reintroduced to the medium (Fig. 1B).

We also characterized the dose-dependence relationship between extracellular Ca<sup>2+</sup> concentrations and cholesterol efflux to apoA-I. We found that the Ca<sup>2+</sup> concentration required for half maximal efflux was approximately 200 μM (Fig. 1C). It is particularly interesting that this value is relatively small compared with the normal extracellular concentration of 1.8 mM, suggesting that only a very low concentration of extracellular calcium is necessary for cholesterol efflux to apoA-I. A similar trend was observed when EGTA was supplemented into the growth medium at increasing concentrations (Fig. 1D); the efficacy of cholesterol efflux was only dramatically affected at high concentrations of EGTA (>1.75 mM), as it chelates almost all Ca<sup>2+</sup> ions. Together, these findings confirm the importance of extracellular calcium during efflux to apoA-I, as previously observed by Smith et al. (11).

Although removing extracellular Ca<sup>2+</sup> could influence protein-protein interaction at the cell surface or endocytosis (11), it also eliminates Ca<sup>2+</sup> influx, a key event for many intracellular signaling processes. To test whether intracellular Ca<sup>2+</sup> is specifically required, ABCA1-expressing BHK cells were preloaded with increasing concentrations of BAPTA-AM (0-200 μM) for 15 min. BAPTA-AM is a membrane permeable precursor of a Ca<sup>2+</sup> chelator that does not bind Ca<sup>2+</sup> in its native form. However, once inside cells, the AM ester is hydrolyzed by esterases, which traps BAPTA inside cells and also enables BAPTA to chelate Ca<sup>2+</sup>. BAPTA-AM, therefore, provides a means to specifically buffer intracellular Ca<sup>2+</sup> without compromising extracellular Ca<sup>2+</sup> levels. We found that BAPTA-AM abolished cholesterol efflux in a concentration-dependent manner (Fig. 1E). Significantly, cholesterol efflux was completely inhibited at the highest concentration of BAPTA-AM (200 μM) used. Cells remained viable under these conditions (not shown). Also, by increasing the extracellular Ca<sup>2+</sup> concentration (thus increasing Ca<sup>2+</sup> influx), we could partially rescue the cholesterol efflux from BAPTA-AM treated cells (data not shown). This demonstrates for the first time that intracellular Ca2+ is critically required for ABCA1dependent cholesterol efflux to apoA-I. It also implies that removing extracellular Ca<sup>2+</sup> most likely affects intracellular Ca<sup>2+</sup> levels, thus altering cholesterol efflux.

Importantly, we found that ABCA1-expressing RAW macrophages also require Ca<sup>2+</sup> in cholesterol efflux to

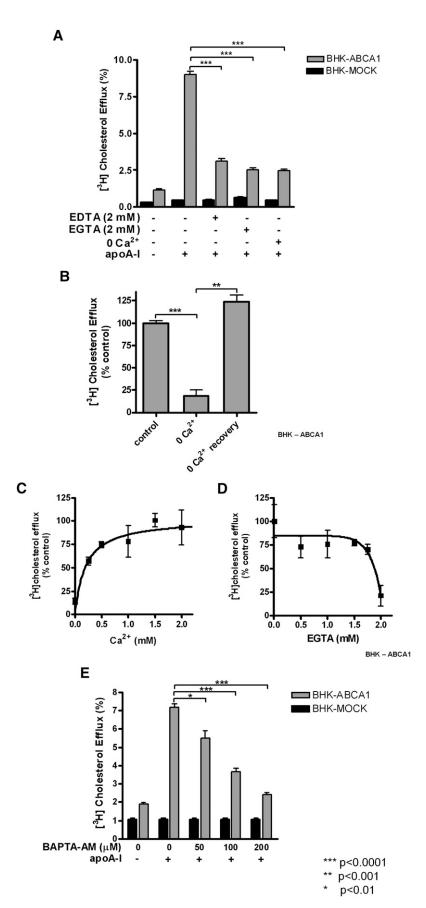
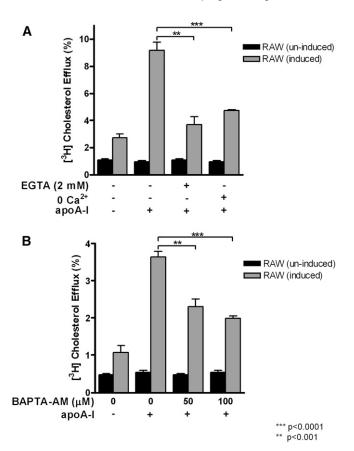


Fig. 1. Effect of Ca<sup>2+</sup> on ABCA1-dependent cholesterol efflux to apoA-I in ABCA1-expressing BHK cells. ABCA1 and mock BHK cells were labeled with [3H] cholesterol for 1-2 days and induced with 5 µM mifepristone overnight. Cholesterol efflux to apoA-I (5 μg/ml) was measured under the following conditions. A: Extracellular Ca<sup>2+</sup> was removed using the cation chelator EDTA or the Ca<sup>2+</sup>-specific chelator EGTA. Cholesterol efflux was also measured in Ca<sup>2+</sup>free medium. B: Cells were incubated in Ca2+-free medium for 2 h and then switched back to normal medium containing Ca<sup>2+</sup>. C, D: The dose dependency of extracellular or intracellular Ca<sup>2+</sup> on efflux was determined by increasing medium Ca<sup>2+</sup> (C) or EGTA (D) concentrations. E: Cells were treated with increasing doses of BAPTA-AM. Both medium and cell associated 3H radioactivity were counted and presented as percentage of cholesterol in the medium relative to the total cholesterol (medium and cellassociated). In B, cholesterol efflux was presented as a percentage relative to untreated cells (control). Data is presented as mean ± SD of triplicate wells, representative of at least three experiments performed.

apoA-I. Cholesterol efflux from these macrophages shared the same sensitivity to EGTA and  ${\rm Ca}^{2+}$  free condition (**Fig. 2A**) or to BAPTA-AM (Fig. 2B). The minimal requirement for extracellular  ${\rm Ca}^{2+}$  was also in the low-micromolar range, similar to what was observed in BHK cells (data not shown). These results suggest that  ${\rm Ca}^{2+}$ , particularly intracellular  ${\rm Ca}^{2+}$ , is a common factor required for cholesterol efflux to apoA-I, regardless of cell types.

Together, the above results suggest that cholesterol efflux to apoA-I requires Ca<sup>2+</sup> influx across the plasma membrane and consequently induces a rise in cytosolic Ca<sup>2+</sup>. Alternatively, such a rise could be initiated by Ca<sup>2+</sup> release from intracellular Ca2+ stores. The sarco/endoplasmic reticulum Ca<sup>2+</sup>-ATPase (SERCA) is a Ca<sup>2+</sup> pump that loads the ER in an ATP-dependent manner, whereas the ryanodine receptor (RyR) and the inositol 1,4,5triphosphate-gated Ca<sup>2+</sup> release channel (InsP<sub>3</sub>R) control the release of Ca2+ from the ER. Thus, we used thapsigargin as a specific inhibitor of the SERCA pump. Thapsigargin binds SERCA irreversibly and prevents refilling of the ER with Ca<sup>2+</sup>. Under this condition, the ER cannot be replenished with Ca<sup>2+</sup> after it is released through the RyR and InsP<sub>3</sub>R channels. Therefore, thapsigargin inhibits the contribution of ER stores to the cytoplasmic pool of Ca<sup>2+</sup>.



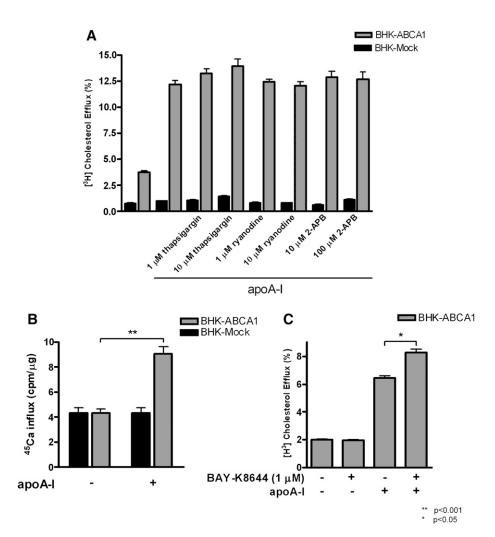
**Fig. 2.** Effect of intracellular and extracelluar  $\operatorname{Ca}^{2^+}$  on cholesterol efflux to apoA-I in RAW macrophages. RAW macrophages were induced to express ABCA1 with 250  $\mu$ M Br-cAMP or uninduced overnight. Cholesterol efflux was analyzed under following conditions: 2 mM EGTA or 0  $\operatorname{Ca}^{2^+}$  (A); 50  $\mu$ M and 100  $\mu$ M BAPTA-AM (B). Data is presented as mean  $\pm$  SD of triplicate wells, representative of at least three experiments performed.

We found that cholesterol efflux to apoA-I was not inhibited by thapsigargin at concentrations (100 nM to 10  $\mu$ M) effectively used by others (15–18) (**Fig. 3A**). Ryanodine and 2-APB, which inhibit RyR and InsP<sub>3</sub>R, respectively, also did not inhibit cholesterol efflux to apoA-I at well-established inhibitory concentrations (19, 20) (Fig. 3A). Combinations of thapsigargin, ryanodine, and/or 2-APB were also tested with no measurable effects (data not shown). Therefore, we conclude that ER Ca<sup>2+</sup> stores did not contribute to the intracellular BAPTA-sensitive pool of Ca<sup>2+</sup> that participates in ABCA1-dependent cholesterol efflux to apoA-I. The BAPTA-sensitive pool of Ca<sup>2+</sup> most likely comes from the extracellular medium.

We next tested whether apoA-I stimulates Ca<sup>2+</sup> influx from the extracellular medium. We initially attempted to measure changes in intracellular free Ca<sup>2+</sup> using the cell permeable fluorescent probe, Fura 2-AM, but did not detect any significant changes in intracellular free Ca<sup>2+</sup> (supplementary Fig. I). We took this as a sign that the magnitude of Ca<sup>2+</sup> influx triggered by apoA-I could be relatively low such that fluorescent probes may not be sensitive enough to detect it. Consequently, we resorted to a highly sensitive <sup>45</sup>Ca<sup>2+</sup> method to analyze the net influx of Ca<sup>2+</sup> into the cells from the extracellular medium. In these experiments, cells were briefly exposed to 45Ca2+ containing medium either in the presence or in the absence of apoA-I. The short duration of <sup>45</sup>Ca<sup>2+</sup> pulse was to ensure that Ca<sup>2+</sup> efflux does not significantly contribute to the analysis (21). Also, extra care was taken to strip off Ca<sup>2+</sup> bound on the cell surface to ensure true measurement of Ca<sup>2+</sup> influx to the cytoplasm. Specifically, the net <sup>45</sup>Ca<sup>2+</sup> influx was measured by cellassociated 45Ca2+ radioactivity after 4 min incubation in the medium containing <sup>45</sup>Ca<sup>2+</sup>. We found that <sup>45</sup>Ca<sup>2+</sup> influx into ABCA1-expressing BHK cells was nearly doubled in the presence of apoA-I, whereas apoA-I did not alter <sup>45</sup>Ca<sup>2+</sup> influx in mock-BHK cells (Fig. 3B). This demonstrates that apoA-I induced Ca<sup>2+</sup> influx in ABCA1-expressing cells. Such Ca<sup>2+</sup> influx from the extracellular medium could be critical for cholesterol efflux to apoA-I. To test this, we used BAY-K8644, an agonist of plasma membrane L-type Ca<sup>2+</sup> channels (22), to further increase Ca<sup>2+</sup> influx. BAY-K8644 (1 µM) was indeed able to increase cholesterol efflux to apoA-I by 35% (Fig. 3C). Together, these findings demonstrate that apoA-I stimulates Ca<sup>2+</sup> influx in ABCA1expressing cells. This influx likely initiates intracellular signaling events required for cholesterol efflux to apoA-I.

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We next looked into the potential target of intracellular  $\text{Ca}^{2^+}$  in the process of cholesterol efflux. Intracellular  $\text{Ca}^{2^+}$  is commonly employed as a second messenger to regulate a variety of signaling pathways (23). For example, CaM is the primary target of  $\text{Ca}^{2^+}$  signaling in eukaryotic cells (23). We therefore first examined whether CaM is involved in cholesterol efflux process. Cells were treated with W-7 during cholesterol efflux to apoA-I. W-7 is a CaM antagonist and prevents the binding of  $\text{Ca}^{2^+}$ -bound CaM with its downstream substrates (24). W-7 indeed caused a significant inhibition of cholesterol efflux to apoA-I at relative low concentrations (0.5 and 1  $\mu$ M) (**Fig. 4A**). Both BHK cells and macrophages were highly sensitive to W-7, which



**Fig. 3.** Effect of  $Ca^{2+}$  flux from endoplasmic reticulum (ER) stores and across the plasma membrane on cholesterol efflux to apoA-I in ABCA1-expressing BHK cells. ABCA1 and Mock BHK cells were labeled with [ $^3$ H]cholesterol and induced with mifepristone overnight. Cholesterol efflux to apoA-I (5  $\mu$ g/ml) was measured under the following conditions. A: Cells were treated with indicated concentrations of thapsigargin, ryanodine, and 2-APB, respectively. B: The amount of radiolabeled [ $^{45}Ca^{2+}$ ] influx into cells was determined in mock and ABCA1-expressing cells with or without the presence of 10  $\mu$ g/ml apoA-I over 4 min. C: The effect of a  $Ca^{2+}$  channel agonist, BAY-K8644, on cholesterol efflux to apoA-I. The results in each graph show the mean  $\pm$  SD of triplicate wells, representative of at least three experiments performed.

prevented us from testing the effect of higher W-7 concentrations.

Activation of CaM by Ca2+ is known to modulate the function of various downstream targets, including CaM-KII, myosin light chain kinase, and calcineurin (23). Although CaM is a relatively abundant protein, the pool of free CaM is limited due to a wide range of CaM targets in cells. There is likely intense competition among CaM targets for the Ca<sup>2+</sup>-CaM complex, and the action of these targets may be at least partially determined by their respective affinity to Ca<sup>2+</sup>-CaM (25). Among these targets, calcineurin has the highest affinities to Ca<sup>2+</sup>-CaM [dissociation constant  $(K_d) = \sim 0.1 \text{ nM}$ ] (26) and therefore should be most sensitive to Ca<sup>2+</sup> fluctuations or CaM activation. Given our observation described above that Ca<sup>2+</sup> influx triggered by apoA-I is of low amplitude (thus could not be detected by Fura-2), we considered calcineurin as a likely candidate in cholesterol efflux to

apoAI. Interestingly, earlier studies reported that CsA abrogates ABCA1-dependent cholesterol efflux (27, 28). Best known as an immune-suppressor in vivo, CsA mechanistically inhibits calcineurin by forming a complex with cyclophilins, the effector protein of calcineurin (29). When CsA was included in the medium with apoA-I, cholesterol efflux to apoA-I was potently inhibited with complete inhibition at 10 µM (Fig. 4B). To further verify the specificity of CsA on calcineurin, we used another unrelated specific calcineurin inhibitor, FK506. FK506 binds to FKBP12, another effector protein that interacts with calcineurin at a slightly different site from that of cyclophilins (30). Fig. 4C shows that FK506 also functioned as a potent inhibitor. Cholesterol efflux to apoA-I was dose dependently inhibited and was completely abolished at  $25~\mu M$  of FK506. Moreover, both CsA and FK506 were equally efficient at inhibiting efflux to apoA-I in RAW cells (Fig. 4D). Thus, by using two highly specific cal-

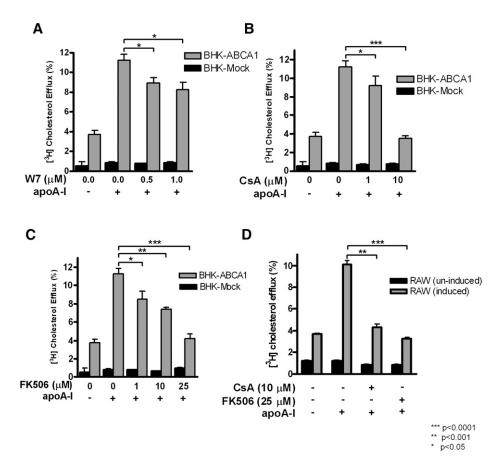
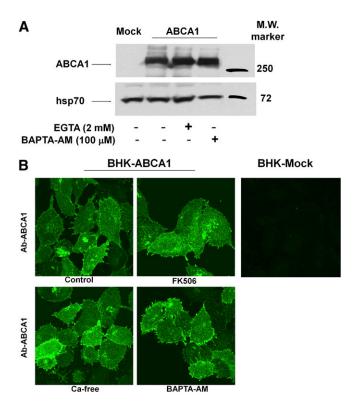


Fig. 4. Inhibition of CaM and calcineurin reduces cholesterol efflux to apoA-I in ABCA1-expressing cells. BHK cells and RAW macrophages were induced with mifepristone or Br-cAMP, respectively. Cholesterol efflux to apoA-I (5  $\mu$ g/ml) was measured under the following conditions: the indicated concentrations of the CaM inhibitor, W-7 (A); calcineurin inhibitors CsA (B) and FK506 (C). D: CsA and FK506 were also used with RAW macrophages expressing ABCA1. The results in each graph show the mean  $\pm$  SD of triplicate wells, representative of at least three experiments performed.

cineurin inhibitors that are structurally and mechanistically distinct, we conclude that the  ${\rm Ca^{2+}}$ -dependent CaM/calcineurin signaling pathway is essential for cholesterol efflux to apoA-I.

The CaM/calcineurin signaling pathway is known to activate nuclear factor of activated T-cells (NFAT) to initiate gene regulations (23). Because all the experiments reported here were performed within 2 h, gene regulation is not likely to be a significant factor. We nevertheless wanted to rule out the possibility of ABCA1 downregulation. We found that ABCA1 protein expression levels and cellular distribution remained unchanged after Ca<sup>2+</sup> manipulation or calcineurin inhibition (Fig. 5A, B). This is largely consistent with an earlier conclusion made by Smith et al. (11, 27) that inhibition of cholesterol efflux to apoA-I by either Ca removal or CsA is not due to ABCA1 downregulation. However, we did not detect increased ABCA1 expression as observed by earlier studies (11, 27), which could be due to the short duration of our experiments (2 h vs. 4 h) or cell type differences.

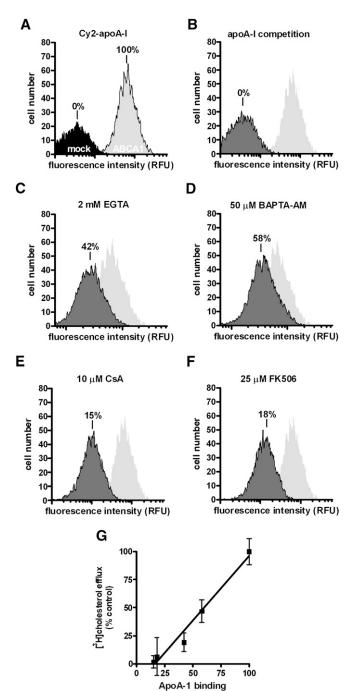
The successful lipidation of apoA-I is known to require prolonged interaction between plasma membrane and apoA-I, which generates a measurable apoA-I association with cells. We therefore examined whether apoA-I cell association was affected. This was achieved by flow cytometry detection of fluorescent-labeled apoA-I (Cy2apoA-I). Cy2-apoA-I retained its potency in inducing cholesterol efflux as native apoA-I (data not shown). As expected, ABCA1 expression induced high levels of apoA-I cell association, whereas Cy2-apoA-I did not significantly bind mock-BHK cells (Fig. 6A). Excess unlabeled apoA-I completely abrogated Cv2-apoAI binding to ABCA1-expressing cells (Fig. 6B), further confirming the specificity of Cy2-apoA-I. We found that EGTA (2 mM) significantly reduced Cy2-apoA-I cell association to 42% relative to cells bathed in normal Ca<sup>2+</sup> medium (Fig. 6C). The addition of 50 μM BAPTA-AM to ABCA1expressing cells similarly reduced Cy2-apoA-I cell association. The representative apoA-I binding is shown in Fig. 6D. Because BAPTA-AM does not alter extracellular concentrations, diminished apoA-I cell association could not be simply due to disruptions in ligand-receptor binding on the cell surface. Buffering intracellular Ca<sup>24</sup> by BAPTA-AM must have perturbed intracellular processes required for apoA-I binding. Consistent with this notion, we found that both calcineurin inhibitors abolished apoA-I cell association (Fig. 6E, F). Importantly, we found that apoA-I cell association under the experi-



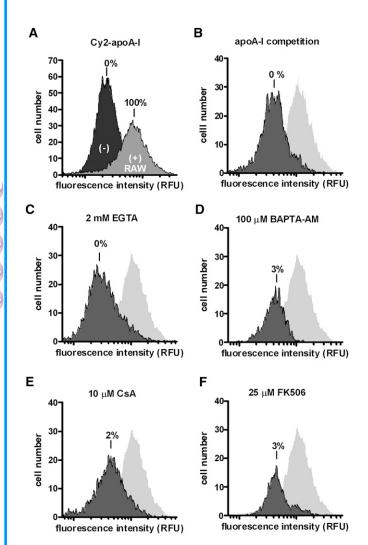
**Fig. 5.** Altering intracellular or extracelluar Ca<sup>2+</sup> distribution had no effect on ABCA1 expression or localization. A: The level of ABCA1 protein expression in BHK cells was determined by immunoblotting after 2 h incubation with EGTA or BAPTA-AM. B: Immunofluorescent detection of ABCA1 in mock and ABCA1-expressing cells BHK cells under different Ca<sup>2+</sup> treatment conditions. Images were taken using a confocal fluorescent microscope focused on the plasma membrane and displayed identically.

mental conditions described here is positively correlated with the efficiency of cholesterol efflux to apoA-I (Fig. 6G), consistent with the interdependence between apoA-I association and cholesterol efflux observed among ABCA1 mutants (31). This relationship suggests that the Ca<sup>2+</sup>-dependent CaM/calcineurin signaling pathway is directly responsible for maintaining apoA-I interaction with ABCA1-expressing cells. Finally, specific inhibition of calcineurin signaling with CsA and FK506, respectively, did not alter ABCA1 expression or localization (data not shown). Furthermore, none of the treatments, i.e., EGTA, Ca<sup>2+</sup>, CsA, or FK506, affected cell viability, as evidenced by the MTT test (supplementary Fig. II). Also, consistent with previous observations by Takahashi et al. (11), removal of Ca<sup>2+</sup> from the medium did not affect apoA-I binding at 4°C. In fact, 4°C apoA-I binding was intact under all treatment conditions (supplementary Fig. III).

Similarly, we tested Cy2-apoA-I cell association in RAW macrophages. Control conditions indicated that Cy2-apoA-I interacts preferentially with ABCA1-expressing RAW cells (**Fig. 7A**), and effective competition occurred in the presence of unlabeled apoA-I (**Fig. 7B**). Removal of either intracellular or extracellular Ca<sup>2+</sup> caused significant reductions in apoA-I association (**Fig. 7C**, D). Again, specific inhibition of calcineurin signaling with



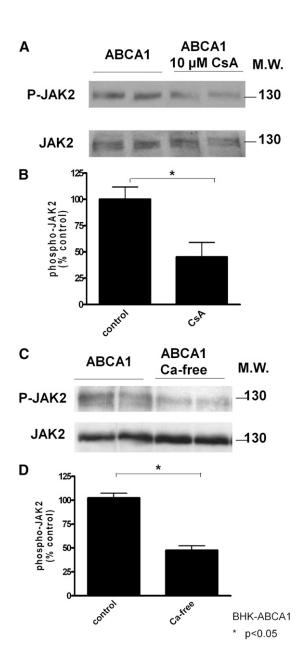
**Fig. 6.** Reducing intracellular and extracelluar Ca<sup>2+</sup> caused an inhibition of Cy2-apoA-I cell association in BHK cells. Cy2-apoA-I was incubated with cells for 2 h under various conditions and the degree of cell association was determined by flow cytometry. The results are expressed relative to control cells that express ABCA1 (100%) and cells that do not express ABCA1 (mock) (0%). A: Mock- and ABCA1-expressing BHK cells incubated with Cy2-apoA-1. B: ABCA1-expressing cells were incubated with Cy2-apoA-1 plus unlabeled apoA-I. ABCA1-expressing cells were incubated with Cy2-apoA-1 in the presence of 2 mM EGTA (C); 50 μM BAPTA-AM (D); 10 μM CsA (E); 25 μM FK506 (F). The representative experiments are shown from at least three trials. G: The correlation between apoA-I cell association and efflux efficiency is presented.



**Fig. 7.** Manipulating Ca<sup>2+</sup> and CaM/calcineurin signaling reduces Cy2-apoA-I cell association in RAW macrophages. Cells were incubated with Cy2-apoA-I for 2 h under various conditions and the degree of cell association was determined by flow cytometry. A: Cy2-apoA-I cell association in cells induced to express ABCAI (+) (100%) and uninduced cells (-) (0%) is presented. B: ABCAI-expressing cells were incubated with Cy2-apoA-I plus unlabeled apoA-I. ABCAI-expressing cells were incubated with Cy2-apoA-I in the presence of 2 mM EGTA (C); 100 μM BAPTA-AM (D); 10 μM CsA (E); 25 μM FK506 (F). The representative experiments are shown from at least three trials.

CsA and FK506 abolished apoA-I association in macrophages (Fig. 7E, F). We therefore conclude that the CaM/calcineurin signaling pathway is essential for both apoA-I cell-association and cholesterol efflux to apoA-I in ABCA1-expressing cells.

Interestingly, Oram et al. reported that JAK2 signaling is also necessary for apoA-I cell-association and cholesterol efflux to apoA-I (7). JAK2 becomes phosphorylated rapidly after ABCA1-expressing cells interact with apoA-I (7, 32), and JAK2 phosphorylation positively correlates with apoA-I cell association or cholesterol efflux to apoA-I (31). Also, cells lacking JAK2 were defective in cholesterol efflux to apoA-I (7). Therefore, we analyzed JAK2 phosphorylation in cells treated with calcineurin inhibitor CsA. CsA



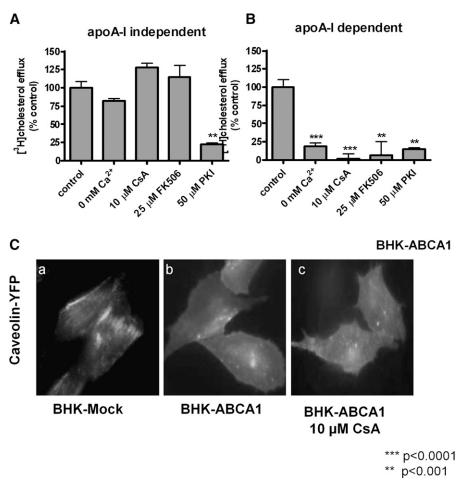
**Fig. 8.** Inhibition of calcineurin impairs JAK2 phosphorylation. The expression levels of phosphorylated Jak2 (P-Jak2) and total Jak2 was determined by immunoblotting. A: Duplicates of ABCA1-BHK cells were induced with mifepristone overnight and then incubated with or without 10  $\mu$ M CsA for 2 h before cell lysis and immunoblotting. B: ABCA1-expressing BHK cells were also incubated with Ca<sup>2+</sup>-free medium for 2 h before immunoblotting. The optical density of the immunoblots was quantified and expressed as mean  $\pm$  SD. Untreated cells served as control (100%). Results are representative of three experiments with identical conditions.

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at 10  $\mu$ M significantly inhibited JAK2 phosphorylation (**Fig. 8A**). Also, if the effect of CsA is to prevent calcineurin activation via Ca<sup>2+</sup> influx, removal of extracellular Ca<sup>2+</sup> should also jeopardize JAK2 activation. We indeed found similarly decreased JAK2 phosphorylation when extracellular Ca<sup>2+</sup> was removed (Fig. 8B). Our results thus suggest that CaM/calcineurin likely operates upstream of JAK2 signaling and, together, they act to enhance apoA-I interactions with ABCA1-expressing cells and thus facilitate cholesterol efflux.

Finally, because disrupting the Ca<sup>2+</sup>-dependent CaM/ calcineurin signaling pathway appeared to specifically perturb apoA-I binding to ABCA1-expressing cells but not ABCA1 protein expression or distribution, we wondered whether other ABCA1 functions also require Ca<sup>2+</sup>dependent CaM/calcineurin signaling. We and others reported recently that ABCA1 expression leads to basal cholesterol efflux, independent of apoA-I, to produce microparticles (33, 34). Also, functional ABCA1 remodels the plasma membrane, also independent of apoA-I (36, 37). For the purpose of clarity, we collectively term these effects as "basal ABCA1 activity." We treated cells with the various reagents described above and analyzed microparticle production and membrane remodeling. We found that apoA-I-independent efflux is completely insensitive to the perturbations of Ca<sup>2+</sup>-dependent CaM/ calcineurin pathway (Fig. 9A), whereas the same perturbations abolished cholesterol efflux to apoA-I (Fig. 9B). Interestingly, the only shared pathway is PKA, because PKA inhibitor PKI inhibited both processes. It is also noteworthy that CsA seemed to increase apoA-I-independent efflux (Fig. 9A), which may reflect the trapping effect of CsA. CsA was reported to inhibit ABCA1 turnover on the plasma membrane, resulting in increased ABCA1 on the cell surface (27). The largely unperturbed basal activity in ABCA1-expressing cells also suggests that the manipulations used here did not cause general cytotoxicity. Cells indeed remained perfectly viable as judged by the MTT test (supplementary Fig. II).

We next tested ABCA1's capacity to remodel the plasma membrane. Functional ABCA1 causes caveolin to redistribute from largely clustered structures, presumably caveolae, to the general area of the plasma membrane (Fig. 9C, panels A and B), due mainly to generating more nonraft membrane microdomains (36). Disrupting Ca<sup>2+</sup>-dependent CaM/calcineurin signaling had little effect on this basal ABCA1 function; caveolin still diffusely decorated the plasma membrane in CsA-treated cells,



**Fig. 9.** Manipulating Ca<sup>2+</sup> and calcineurin activity affects apoA-I-dependent cholesterol efflux, but not basal ABCA1 activity. ABCA1 BHK cells were labeled with [<sup>3</sup>H]cholesterol and induced with mifepristone overnight. Cholesterol efflux was conducted in the presence of apoA-I (A) or without (B) under the following conditions: Ca<sup>2+</sup>-free medium, calcineurin inhibitors (CsA and FK506), and PKI (a PKA inhibitor). Cholesterol efflux from untreated cells served as control (100%). Each panel presents data compiled from two experiments performed in triplicate and the standard error of the mean is shown. C: BHK cells were transfected with YFP-caveolin and induced with mifepristone overnight. Representative images of YFP-caveolin are shown in mock BHK cells, ABCA1-expressing BHK cells, and ABCA1-expressing BHK cells treated with 10 μM CsA.

undistinguishable from untreated ABCA1-expressing cells (Fig. 9C, panel C). These observations demonstrate that apoA-I specifically requires the CaM/calcineurin signaling pathway and, in the situation where calcineurin activity is inhibited, only apoA-I-related activities are diminished. ABCA1 still retained its capability to remodel the plasma membrane or generate microparticles. Together, we conclude that the CaM/calcineurin signaling pathway is a part of the cellular machinery that ABCA1 employs to specifically execute cholesterol efflux to apoA-I.

# DISCUSSION

In this study, we report that Ca<sup>2+</sup> plays a critical role in ABCA1-dependent cholesterol efflux to apoA-I. We provide evidence that either removal of extracellular Ca<sup>2+</sup> or buffering intracellular Ca2+ severely impaired ABCA1-mediated cholesterol efflux to apoA-I. apoA-I initiated Ca<sup>2+</sup> influx from the extracellular medium in ABCA1-expressing cells, which potentially triggers intracellular signaling events. Indeed, we found that the Ca<sup>2+</sup>-activated CaM/calcineurin signaling pathway was required in cholesterol efflux to apoA-I. Both CsA and FK506, two structurally distinct and highly specific inhibitors of calcineurin, completely abolished cholesterol efflux to apoA-I and blocked apoA-I association with ABCA1-expressing cells. We also provide evidence that calcineurin signals through JAK2, an established signaling event required for cholesterol efflux to apoA-I. Interestingly, the CaM/calcineurin pathway influences only apoA-I lipidation and not the basal activity of ABCA1. Together, our results establish a novel signaling pathway that ABCA1 employs specifically to transfer cholesterol on to apoA-I.

Although the link between ion flux and ABCA1 activity has not been firmly established, many studies have used the chloride channel inhibitor, DIDS, as an ABCA1 antagonist. We found that either chloride channel inhibition with DIDS or chloride anion replacement with gluconate and SCN moderately inhibited cholesterol efflux (data not shown). This suggested that the chloride channel might only be indirectly involved and the modest inhibition may reflect disruptions to other plasma membrane ion channels. Indeed, we found Ca<sup>2+</sup> channels played a much more pronounced role than chloride channels. This is supported by the following observations: a) apoA-I triggered Ca<sup>2+</sup> influx, and b) manipulations that prevent this influx (removal of extracellular Ca<sup>2+</sup>) or dampen intracellular Ca<sup>2+</sup> rise (BAPTA-AM) impaired cholesterol efflux to apoA-I. The dose response of extracellular Ca<sup>2+</sup> (Fig. 1C, D) also indicates that a relatively low concentration of extracellular Ca<sup>2+</sup> is sufficient to produce efficient cholesterol efflux. Consistent with this, a relatively high concentration of BAPTA-AM was needed to completely inhibit efflux (Fig. 1E). These observations collectively suggest that the Ca<sup>2</sup> flux that initiates the CaM/calcineurin pathway is of low aptitude, unlike what is often required with excitable cells or cells stimulated by hormones (23). It explains why we were only able to detect apoA-I-stimulated Ca<sup>2+</sup> influx using <sup>45</sup>Ca<sup>2+</sup> (Fig. 3B). This is also consistent with the fact that

calcineurin has the highest affinity for  ${\rm Ca^{2^+}\text{-}CaM}$  ( $K_d$  =  $\sim$ 0.1 nM), whereas many other targets, such as CaMKII ( $K_d$  = 50 nM), require much higher concentrations of  ${\rm Ca^{2^+}\text{-}CaM}$  (26). It is tempting to suggest that low aptitude  ${\rm Ca^{2^+}}$  influx may serve to specifically activate the CaM/calcineurin pathway without significantly affecting other  ${\rm Ca^{2^+}\text{-}CaM}$  activated processes, which may offer an explanation as to why a general CaM inhibitor, W-7, can only partially block cholesterol efflux to apoA-I (Fig. 4A).

The antagonists of the two ER Ca<sup>2+</sup> channels, RyR and IP<sub>3</sub>R, and the SERCA pump had no effect on efflux (Fig. 3A). This was in contrast to our observations that BAY-K8644, which opens L-type Ca<sup>2+</sup> channels, increased cholesterol efflux to apoA-I by 35% (Fig. 3C). Interestingly, the Ca<sup>2+</sup> ionophore, A23187, did not further enhance cholesterol efflux (data not shown). Unlike influx through regulated channels, A23187 binds Ca<sup>2+</sup> and shields it against the hydrophobicity of the lipid bilayer, causing unregulated entry of Ca<sup>2+</sup> into cells. This lack of effect from A23187 may indicate that low aptitude Ca<sup>2+</sup> influx induced by apoA-I alone is sufficient to activate calcineurin or, alternatively, only regulated influx of Ca<sup>2+</sup> through specific plasma membrane channels can facilitate cholesterol efflux to apoA-I.

Extracellular Ca2+ is known to be necessary for cholesterol efflux to apoA-I (11). We now attribute this requirement to Ca<sup>2+</sup> influx that activates the calcineurin pathway. In support of this view, intracellular Ca<sup>2+</sup> buffering by BAPTA-AM was equally potent as removal of extracellular Ca<sup>2+</sup>. Interestingly, the effect of CsA in cholesterol efflux to apoA-I has also been documented previously (27), although the link to calcineurin was not defined. Because both CsA and FK-506, two unrelated and highly specific calcineurin inhibitors, completely blocked ABCA1-mediated cholesterol to apoA-I (Fig. 4), calcineurin activity is likely one of the essential components that enables apoA-I lipidation. This conclusion was further supported by the finding that blocking calcineurin activation by inhibitors or Ca<sup>2+</sup> removal inhibited JAK2 phosphorylation (Fig. 8). JAK2 phosphorylation is a well-documented essential component for cholesterol efflux to apoA-I. Thus, our findings here place Ca<sup>2+</sup> influx and calcineurin activation upstream of JAK2 phosphorylation.

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It is intriguing to see that both Ca<sup>2+</sup> manipulation and calcineurin inhibition abolish apoA-I cell association (Fig. 6) yet preserve 4°C apoA-I binding (supplementary Fig. III). This further supports our conclusion that Ca<sup>2+</sup> and calcineurin function along the same pathway. It also suggests that initial binding of apo-A-I to ABCA1 is not sufficient to lipidate apoA-I and subsequent steps have to take place to produce effect cholesterol efflux.

Perhaps most interestingly, this Ca<sup>2+</sup>-activated calcineurin pathway is highly specific for ABCA1-mediated cholesterol efflux to apoA-I. Interrupting this pathway has no influence on ABCA1 basal function, i.e., basal cholesterol efflux and plasma membrane remodeling (Fig. 9). Calcineurin, a phosphatase by nature, most likely exerts its function by regulating the phosphorylation status of other cellular proteins; this potentially includes ABCA1. However, because basal function of ABCA1 is totally insensi-

tive to calcineurin activity, it is not likely that ABCA1 itself is a direct target of calcineurin. Consistent with this view, JAK2 does not directly phosphorylate ABCA1 or contribute to membrane remodeling (7). This is in sharp contrast with PKA. ABCA1 can be directly phosphorylated by PKA, and preventing PKA-dependent phosphorylation of ABCA1 by point mutations partially impairs phospholipid efflux to apoA-I (38). PKA is also essential for ABCA1 basal function (Fig. 9). We speculate that calcineurin regulates the phosphorylation of downstream target proteins, other than ABCA1, to support apoA-I lipidation. This also implies that apoA-I lipidation on the plasma membrane is not merely a biophysical event where apoA-I interacts with membrane bilayers. In addition to ABCA1, a cohort of proteins, made ready by phosphorylation/dephosphorylation by JAK2, calcineurin, and others, is required to participate in lipidating apoA-I. Disruption on this apoA-I activated cellular machinery could lead to premature release of apoA-I, thus diminished apoA-I cell-association, and failure of apoA-I lipidation.

In conclusion, we show for the first time that apoA-I induces Ca<sup>2+</sup> influx from the extracellular medium. This rise in intracellular Ca<sup>2+</sup> activates the CaM/calcineurin/JAK2 pathway to maintain apoA-I cell association, resulting in efficient cholesterol efflux to apoA-I.

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